

## National Anti-Bullying Week

19th - 23rd November 2007



This years theme for anti-bullying week is "Cyber bullying, schools and the community"

- Anti-Bullying week 2006 was held on the 20th November - 24th November 2006. The theme was that of the "Bystander"
- Anti-Bullying Week 2005 was held on the 21st November - 25th November. The theme for the week was "children and young people's participation and involving children and young people in tackling Bullying."

N. Ireland students suggest in the table below the different types of bullying that can exist.

	Name Calling	Physical	Cyber bullying	Emotional
Year 8	60%	3%	12%	22%
Year 9	55%	5%	20%	29%
Year 10	55%	7%	22%	31%
Year 11	49% <sup>1</sup>	8%	24%	27%
Year 12	50%	8%	28%	26%

A special phone line is set up to deal with bullying calls

One of them is child line, open 24hrs .

The Child line number is 0800 1111.

# Bullying



Don't suffer in silence

4



Don't suffer in silence

5



Don't suffer in silence



## Advice for Pupils

We all know that bullying goes on in every school but it's the way it's dealt with which makes the difference between life being tolerable and a misery. Bullies are very cunning and are expert at getting away with it. Bullying

- People calling you names
- Making things up to get you into trouble
- Hitting, pinching, biting, pushing and shoving
- Taking things away from you
- Damaging your belongings
- Stealing your money
- Taking your friends away from you
- Posting insulting messages on the internet or by IM
- Spreading rumours
- Threats and intimidation
- Making silent or abusive phone calls
- Sending you offensive phone texts
- Bullies can also frighten you so that you don't want to go to school, so that you pretend to be ill to avoid them

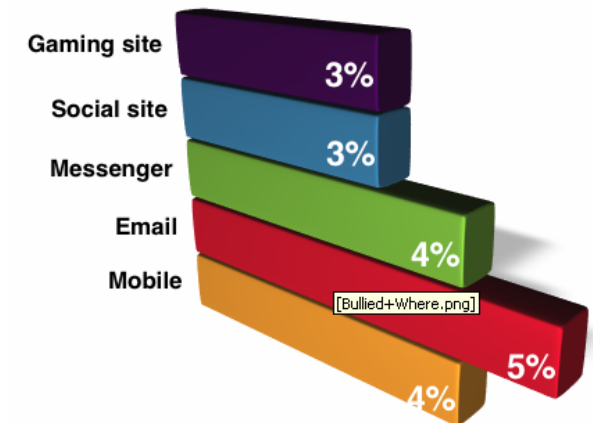
## Advice for Pupils

The bullies will have worked out what buttons to push to make you upset. They make remarks about you.

1. Your weight
2. Your looks
3. The colour of your hair
4. Your family
5. Your schoolwork
6. If you are popular
7. If you work hard
8. If you have a disability
9. If you are a different religion, colour or culture
10. If you wear spectacles or a hearing aid
11. If you have dyslexia or dysphasia
12. If you've been off school due to illness

## Where Is bullying most likely to occur?

In a previous study for DCSF, IM found that only 6% of it's members used other social sites. In the current study 7% said they had been cyber-bullied outside their safe social learning networks. Just 4 to 5% said they had received a bad email, instant messenger or mobile phone message and only 3% say they'd been bullied on a gaming or social site. (See chart below.)



### BBC NI's Education Correspondent Maggie Taggart

36% of pupils say they have been bullied at school within the past 12 months

Don't suffer in silence

1



Don't suffer in silence

2



Don't suffer in silence

3

